

Minute to Win It – New Year’s Eve!

Reflection Race

Supplies: Items to set up an obstacle course and large hand held mirrors

How to Play:

Set up an obstacle course of objects like cones, toys, confetti poppers, etc. on the ground from one line to another. Player must scoot themselves on a towel from the start line to the finish line going around the objects and then back from the finish to the start line to complete the challenge.

But wait, it’s not that easy. Instead of going forward, player must hold a handheld mirror and scoot backward using just what they see in their mirror reflection to move.



Ball Drop

Supplies: Ping pong balls or similar, buckets or wastebaskets, chairs

How to Play:

Player must stand on a chair and attempt to drop [ping pong balls](#) into a bowl (or cup) that is on the ground. Player must successfully land three ping pong balls into the cup (without it bouncing out) before the time expires.



Nose Dive or, as we called it for winter, Snowball Shake:

Supplies: Vaseline, cotton balls, two containers

How to play:

- Players dip their nose in Vaseline and then pick up a cotton ball from a container with their nose.
- Then they walk to the allotted spot and shake the cotton ball into another container
- Keep going until the timer runs out or you have finished! The first one finished wins
- No hands!



Minute to Win It Games! (NOSE DIVE)

