

How to use naloxone (NARCAN® Nasal Spray) for an opioid overdose.

***Administering naloxone to someone who is not overdosing does not result in any harmful effects. Therefore, administering for suspected overdose is always safest.

USE FOR SUSPECTED OPIOID OVERDOSE

Signs may include:

- a) Unconsciousness or inability to awaken.
- b) Slow, shallow, or difficulty breathing such as choking sounds or a gurgling/snoring noise from a person who cannot be awakened.
- c) Fingernails or lips turning blue/purple.
- d) Unresponsive to you shouting their name.
- e) Cold or clammy skin.

NOTE: Naloxone does not work for non-opioid overdoses, such as those involving cocaine, benzodiazepines, or alcohol.

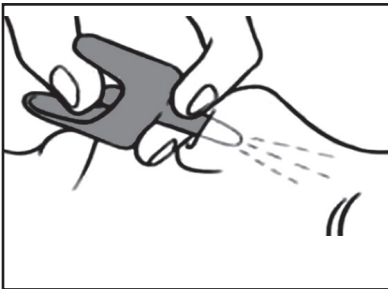
IF UNRESPONSIVE

Grind your knuckles into their chest bone for 5-10 seconds. If they are still unresponsive, call 911 immediately and administer naloxone nasal spray.

DO NOT try to make the person vomit. Choking or inhaling vomit into the lungs can cause a fatal injury.

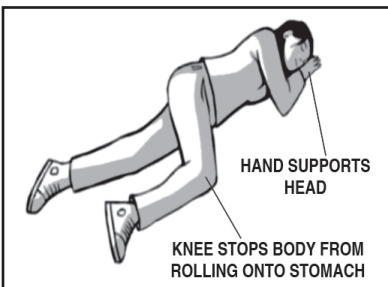
Call 911 immediately because naloxone wears off in 30-90 minutes.

ADMINISTER NALOXONE



- DO NOT TEST SPRAY.
- Place index and middle finger either side of nozzle, thumb on plunger.
- Insert into nostril until fingers on either side are against the bottom of nose.
- Press the plunger firmly with thumb.

***If the person doesn't respond within 2 minutes, administer a 2nd dose of naloxone. The goal of naloxone should be to restore adequate breathing, but not necessarily complete alertness.



PUT PERSON ON SIDE.

- Hands supports head
- Knee prevents rolling onto stomach
- Continuously check for breathing and pulse

IF NOT BREATHING ON OWN, ADMINISTER RESCUE BREATHING:

- 1) Head back
- 2) Pinch nose
- 3) Lift chin
- 4) One breath every 5 seconds

OR follow 911 dispatch instructions.



STAY WITH THEM: Withdrawal triggered by naloxone can cause agitation and confusion. Be prepared for person to awake combative. You may be able to help by explaining what's happening.

When ambulance arrives, tell them naloxone has been administered.

NOTE: All naloxone products have an expiration date. Be sure to check the date and obtain replacements as needed.